

## Assets for Success

### Communication

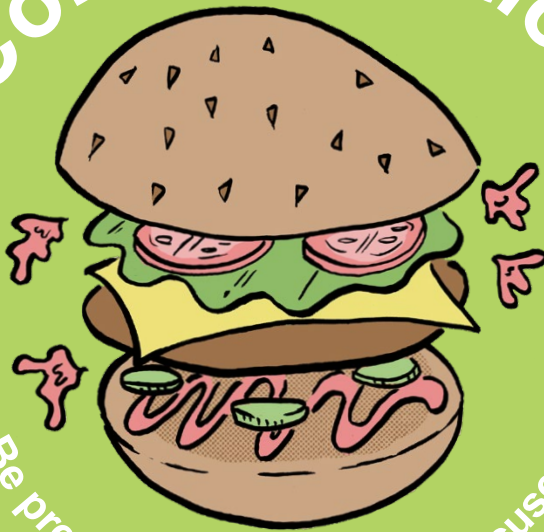
Communication is about creating shared understanding with others.

You can use this asset to share your ideas and learn by listening carefully to others.

Communicating effectively helps form positive relationships and creates a sense of community.

Improving your ability to communicate can help you develop other Assets too, such as teamwork, leadership and friendliness.

# Communication



Be present... be there... be focused

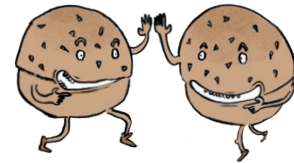
## Actively Listen

Be open, non-judgemental, patient and hear other points of view.



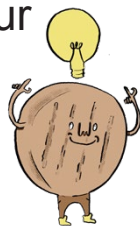
## Build rapport

Be curious, attentive and respectful to show you care and to develop trust.



## Consider the Context

However we express our ideas it is about caring and inspiring, knowing why you are communicating and tailoring your approach.



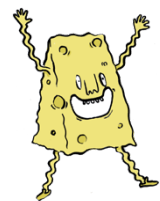
## Create 'We'

Encourage others to contribute; find common ground and shared empathy.



## 'Body Talk'

Use eye contact to show you are listening, be aware of how your body language is being perceived.



## Open Minded

Enter every conversation like you have something to learn.



## Self-belief

Believe that you have something to offer and share (communicate) it!



## Be Clear

Consider the point that you want to make and how best to do that.

