



Udruga za poticanje razvoja ljudskih potencijala i kreativnosti Prizma
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Training Course

Veli Iž, Croatia
April 17 - 26, 2023



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Introduction

The premise of the project is the awareness that protecting the environment and conserving the resources of our planet represent a challenge that can no longer be avoided: today, the world has radically different choices that are different from those made in the past, far from the current production model.

As is known, islands are particularly affected by environmental degradation and climate change, due to a more fragile ecosystem and geographical barriers that often lead to conditions of particular socio-economic vulnerability. For the island communities, therefore, "sustainability" and "resilience" are essential characteristics to combat the degradation of their territory and consequently depopulation, youth emigration, and the transformation of the territories into "tourism colonies" with important social consequences and environmental.

In these contexts, we, therefore, consider the promotion of an environmental education that is configured as a continuous process of learning ways of living with a rapidly evolving nature due to climatic and economic factors to be particularly important. Young people have a leading role in promoting different models of consumption and production: the development of their awareness of the environment and their learning of knowledge, values, attitudes, and practices of sustainable development through the exchange of experiences is therefore of primary importance. Faced with this, due to important geographical and socio-economic obstacles, many young islanders enjoy limited mobility and exchange opportunities.

To increase the quality and impact of their projects on the environment and the communities in which they are integrated, organizations and operators active in the youth sector need continuous theoretical and practical updates in the field of environmental protection, which is in itself rapidly evolving.

In this context, the project aims to provide organizations and youth workers with a set of theoretical and practical tools to develop environmental education strategies aimed at young people that are effective and relevant to the specificity of the islands, through the exchange of methodologies between similar realities and experiential learning based on the practical application of notions. The starting point will therefore be the development of a common reflection on how the currently hegemonic production model affects ecosystems and the life of island communities, and on possible strategies for promoting more ecological and equitable economic models. During the follow-up phase, support will be provided for the practical application of the concepts learned in projects for the promotion of education and environmental sustainability in their territories.

The main purpose of this project is to improve the skills and competence of youth workers, and social and environmental operators, operating in the particular contexts of the islands and improve the quality of their work connected with the sustainability of the reference territories, projects, and initiatives on the islands and increase the impact of the actions of the organizations involved.

The project aims to improve the skills of partner organizations, their staff, and youth and environmental operators active on the islands and in particular:

- will strengthen the general knowledge and theoretical and practical skills of operators on environmental and sustainable development issues;
- provide them with study bases to understand the specific context of the island and its weaknesses;
- will indicate environmental monitoring strategies aimed at understanding the transformations of the territory and the critical issues;
- will experiment with non-formal education methodologies useful for involving young people;
- will increase the capacity of organizations to carry out actions and initiatives, the quality of the proposed activities, the impact on the territory and the community, in the direction of greater sensitivity, information, and aware behavior;

Methodology & Working Flow

The activity includes a preparatory stage, training course, dissemination, and follow-up. In the **preparation phase**, participants will be engaged in local analysis activity. They are going to prepare the presentation of the partner organizations and prepare a nonformal activity to present the tools and/or methods they use to work with youth or other target groups in the organization.

We will use non-formal education methods during the training course. Training sessions include case studies, presentations, research & analysis, group & individual work, games, exchange of skills, knowledge, experiences, and good practice in the field of youth work. The program will be based on participatory methods to offer space for interaction between participants and sharing of ideas.

During the training course, we are going to encourage participants to reflect on their learning process and support them in writing a Youthpass certificate. At the end of the training course, we are going to provide a Youthpass certificate to all participants. In the spirit of informal and non-formal learning, there will be space for participants to contribute to the program with their knowledge and skills, and undertake their analyses, including reflections on competencies acquired during the training course.

In the **dissemination** and follow-up phase (research phase, local activities), activity results are going to be disseminated through partners' networks. A dissemination strategy is going to be agreed during the training course according to the partners' needs and capacities.

Therefore, we emphasize that participants need to be ready and willing **to participate in preparation and dissemination activities** too (local activities, research phase), not just the training course.

Please read the preparation instructions carefully. You can find the instructions by [clicking here](#).

Training program

	Day 1 17.04.2023.	Day 2 18.04.2023.	Day 3 19.04.2023.	Day 4 20.04.2023.	Day 5 21.04.2023.	Day 6 22.04.2023.	Day 7 23.04.2023.	Day 8 24.04.2023.	Day 9 25.04.2023.	Day 10 26.04.2023.
8:00 - 9:00	Arrival	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:15 - 11:00		Getting to know each other	Context of Islands: Needs analysis	Quiz with Pino	Expert Inputs	Partners Input: Teatro Metaphora	Partners Input: CEMEA	Partners Input: Morobe Development Foundation	Island Networking: Ideas for the project network and online platform	Remaining Issues
11:00 - 11:30		Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	
11:30 - 13:00		Getting started: Introduction to the program	Power of non-formal education	Where do you stand?	Creative learning environment: Tools and methods	Quality Leisure Time: Team building	Partners Input: Altera Vita	Partners Input: Community Forests Pemba	Action Plan: Planning the research phase and local activities	Departure
13:00 - 15:00		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
15:00 - 16:30		Expectations, contributions, challenges, and other perspectives	Non-formal tools and methods	Getting to the Root: Visit to the farm Maslinova Gora	Creative learning environment: Tools and methods II	Quality Leisure Time: Team building	Partners Input: SYAH Cabo Verde	Community Event: Feedback and final preparation	Reporting and Dissemination	
16:30 - 17:00		Coffee Break	Coffee Break	Coffee Break	Coffee Break		Coffee Break	Coffee Break	Coffee Break	
17:00 - 18:30		Our Reality: Partners' presentation	Actors of Change: promoting and supporting the sustainability of islands	Getting to the Root: Observation of the farm	Middle Evaluation	Reflection Groups	Community Event: Planning	Community Event: Implementation	Final Evaluation	
18:30 - 19:00		Reflection Groups	Reflection Groups	Reflection Groups	Reflection Groups		Reflection Groups	Reflection Groups	Reflection Groups	
19:00 - 20:00		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
20:30			Board Games							

Participants profile

Residents of Croatia, Italy, Cape Verde, Greece, Portugal, Tanzania, Martinique, Papua New Guinea, above 18 years old, staff or members of partner organizations, actively involved in the field of youth work and/or have a high interest in nonformal education and youth work (example, project manager, project coordinator, teacher, social worker, youth worker, volunteer, animator, etc.), and working with youth with fewer opportunities.

Please fill out the application form if you haven't already registered.

[APPLICATION FORM](#) (click)

Accommodation, working venue, and food

Iž Island has become a central point for the activities of Prizma after we opened the space "DKC Školj" for training, exchanges, and cultural events. The town of Veli Iž and its 400 inhabitants reside on the northern coast of the island. The former fishing village has a ferry and catamaran operating regularly to Zadar. Veli Iž is known for its traditional pottery pieces, called Iški Lopizi, and for the olive oil.

Training sessions will take place in "DKC Školj". The venue has an indoor and outdoor space by the sea. Participants will be accommodated in nearby apartments with shared rooms.

Food (breakfast, lunch, dinner, and coffee breaks), accommodation, and materials necessary for participating in training sessions will be provided by the coordinating organization.

Meals will be provided based on the food preferences mentioned in the application form. The chef will take care of the allergies, food intolerance, and any other inquiry if possible.



Travel guide

Please do not buy flight tickets before our approval. To enter Croatia you will need a valid passport or, for citizens of the EU, a personal identity card will be enough. For non-EU residents, you will need to apply for VISA.

Flying to Zadar

We recommend you fly to Zadar (the closest airport to Veli Iž), but you can also fly to Zagreb or Split. It takes about 45 mins from each airport to reach a bus or train terminal from where you can continue your trip to Zadar. Below you can find websites where you can check timetables and buy tickets. Timetables can change according to the time of the year and will be announced on the website. If it is not possible to buy a ticket online, don't worry, you can buy a ticket at the station. We recommend buying return bus tickets, but be sure to check the return schedule also because a return ticket must be used with the same bus operator.

Reaching Zadar by bus

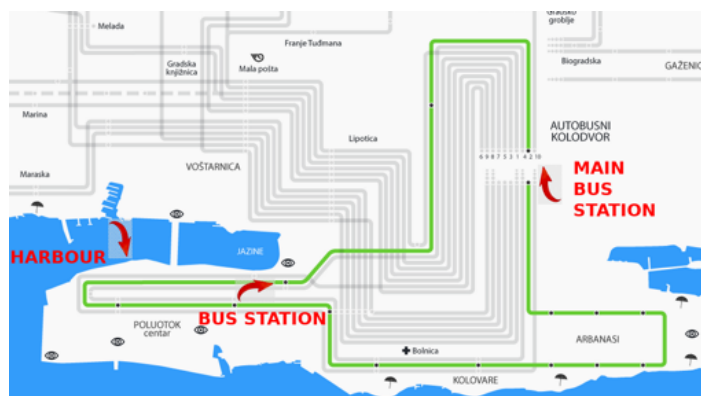
- from Zadar Airport - [schedule](#);
- from Split - [schedule](#);
- from Zagreb - [schedule](#).

Split Airport is connected both to Split (20 km) and to Trogir (just 6 km). There are many buses connecting Trogir and Zadar, so this is another travel option. There are no suitable train connections to Zadar.

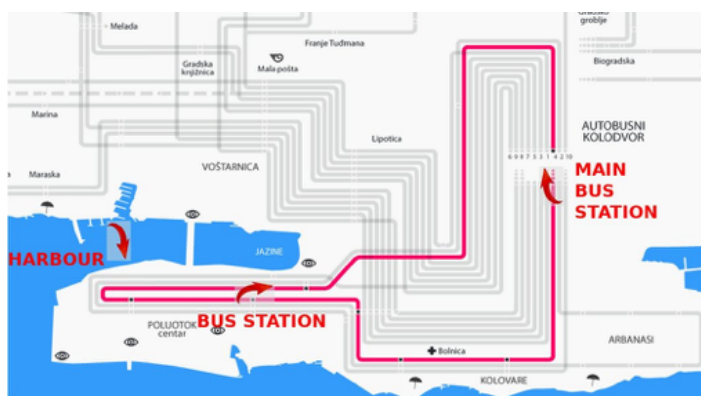
From Zadar Bus Terminal to Zadar Harbour

When you arrive at Zadar Bus Terminal, take a local bus to **Zadar Harbour** in the Old Town (do not go to the harbor Gaženica which is in the opposite direction). Take a [bus line](#) 2 or 4 to the bus stations near the harbor on Poluotok (semi peninsula). Ask the driver to tell you where it is more convenient and closest to get out at the harbor in the Old Town of Zadar.

If you decide to [walk](#), it takes around 30 minutes to arrive from the bus station to the harbor. You can use the [Next Bike](#) service as well. The Next Bike stations are located in front of the bus station and in front of the harbor in the Old Town.



Bus line 2



Bus line 4

Reaching the island

There are two boat connections between Zadar Harbour and Veli Iž. [Jadrolinija](#) and [GV – Zadar](#). Please consult the catamaran/ferry timetables before searching for flight tickets and wait for our confirmation before buying the flight tickets.

Boat schedule for Monday 17 and Tuesday 18 April 2023:

10:30 AM Zadar → 11:25 Veli Iž (Jadrolinija lines)

16:30 PM Zadar → 17:45 PM Veli Iž (Boat “Anamarija” of GV Lines)

Boat schedule for Wednesday 26 April 2023:

6:10 AM Veli Iž → 7:25 AM Zadar (Boat “Anamarija” of GV Lines)

12:40 PM Veli Iž → 1:35 PM Zadar (Jadrolinija lines)

5:30 PM Bršanji (Iž) → 6:45 PM Zadar Gaženica (Ferry “Mate Balota” of Jadrolinija)

Boarding time always starts 30 minutes before departure. The departure location is "Zadar" and the arrival location is "Veli Iž" or "Iž Veli". The boat leaves from Zadar Harbour, which doesn't have a precise address - the coordinates are 44°07'05.8"N 15°13'26.5"E.

Where to buy the ticket? Ticket offices are close to the departure place.

G&V Line Iadera
Poljana Natka Nodila, Zadar
+385 23 250 733
info@gv-zadar.hr

Jadrolinija Zadar Old Town
Liburnska obala 4, Zadar
+ 385 72 30 33 37
ag.zadar@jadrolinija.hr

Ticket costs around 3 EUR payable by cash and card. Ask the ticket office for the name of the boat. You can also buy tickets online.

We will wait for you just in front of the arrival point of the boat in Veli Iž, and take you to your accommodation.

Parking a car in Zadar

If you are arriving in Zadar by car you can park for free in one location near the hospital.

<https://goo.gl/maps/SU7ytFE1ZEthcH8p6>

From that parking you can walk to the harbor. The walk takes about 20 minutes.

Sometimes parking can be full and you might not find a parking slot. If that is the case, then the second option is to search for free parking spots around the buildings or to pay for parking in Zone 1 or Zone 2. Please find more information about parking on this website.

<https://oil.hr/en/parking-zadar>

Financial conditions

Travel costs

Please **save all original travel documents** (public transport tickets: flight tickets, boarding passes, bus and train tickets). We will not be able to reimburse travel

expenses incurred by private carriages such as taxis, Uber, or Bolt if public transport is available. Carpooling is eligible (minimum of two passengers in a vehicle). Travel costs will be reimbursed following the submission of original travel documents. We encourage you to use online check-in to minimize the effect on the environment and reduce administrative paperwork.

Reimbursements are going to be executed through bank transfer to the participant's sending organization up to the maximum amount listed below. The maximum travel budget.

Health and travel insurance

We strongly encourage you to bring a **European Health Insurance card**.

The European Health Insurance Card (or EHIC) is issued free of charge and allows anyone who is insured by or covered by a statutory social security scheme of the EU to receive medical treatment in another member state for free or at a reduced cost if that treatment becomes necessary during their visit. It covers treatment that is needed to allow you to continue your stay until your planned return. It also covers the treatment of pre-existing medical conditions and routine maternity care, as long as you're not going abroad to give birth.

The EHIC is not an alternative to travel insurance. It does not cover any private medical healthcare. Therefore, it is important to have both an EHIC and a valid private travel insurance policy.

Other information

Emergency numbers

Here is a list of the most important telephone numbers in Croatia:

- (+385) 112 – emergency number
- (+385) 192 – police
- (+385) 193 – fire brigade
- (+385) 194 – ambulance
- (+385) 1987 – road assistance
- (+385) 1 4640 800- HAK (Croatian automobile club)
- (+385) 18981 – general information

Official currency

The official currency in the Republic of Croatia is euro (EUR).

[Weather condition](#)

For any inquiry, assistance, or help please contact your sending organization, or directly Udruga Prizma - **Silvestar Petrov for travel in Croatia**, +385 98 959 7680.