

EUROPEAN PARTNER IDENTIFICATION FORM

A. PARTNER ORGANISATION	
PIC	911152623
OID	E10019855
Full legal name (National Language)	Κοινωνική Συνεταιριστική Επιχείρηση Συλλογικής και Κοινωνικής Ωφέλειας Κυκλάδων-ΚΟΙΝΣΕΠ ΚΥΚΛΑΔΩΝ ALTERA VITA
Full legal name (Latin characters)	Social Cooperative Enterprise of Cyclades-ALTERA VITA
Acronym	KOINSEP CYCLADES- ALTERA VITA
National ID (if applicable)	
Address (Street and number)	KEPOS MANNA
Country	GREECE
Region	CYCLADES
P.O. Box	AGROS E11
Post Code	84100
CEDEX	
City	SYROS
Websites	https://alteravita.eu https://e-learning.alteravita.eu/ https://en-sel.eu/
Google maps	https://goo.gl/maps/v89K9T1FukquQuSr9
Email	alteravitacyclades@gmail.com
Telephone 1	+306972204356
Telephone 2	+302281042848
B. PROFILE	
Type of Organisation	Social Cooperative Enterprise
Is the partner organisation a public body?	NO
Is the partner organisation a non-profit?	YES
C. ACCREDITATION	
Has the organisation received any type of accreditation before submitting this application?	<ul style="list-style-type: none"> ● YES, as Register Social Cooperative Enterprise of Collective and Social Benefit from the Ministry of Labor and Social Security and Social Solidarity A.G.E.M.KO. : 000031103110 ● The awarding of the Quality Label as hosting and Sending Organization for European Solidarity Corps, 2020-1-EL02-ESC52-005925 -Submission ID 1644085 for 2021-2027. ● VAT : 997192458
Has the organisation received/applied for any EU grants?	<ul style="list-style-type: none"> ● ERASMUS+KA2-YLYS:2017-1-PL01-KA204-038666, applicant CKU BIALYSTOK, from POLAND ● ERASMUS KA2-WHY: 2017-1-SE01-KA201-034597, applicant Municipality of VASTERAS from Sweden. ● ERASMUS + KA2: REFLECT 2019-1-BE02-KA201-060353 applicant TOPUNT GENT- Belgium. ● ERASMUS +KA2: 2020-KA204-2220CB02- DIGIT-ALL, Digital skills for adults, applicant Orbis Institute, Slovakia. ● ERASMUS +KA2: 2020- KA204-A29E0F47- The Living Art - The Art of Living applicant CKU BIALYSTOK, from POLAND ● ERASMUS +KA2: 2021-KA227-1943795C, Dancefulness for creativity

	<p>and leadership, applicant Orbis Institute, Slovakia</p> <ul style="list-style-type: none"> ● ERASMUS + KA2: 2020 619480-EPP-1-2020-1-IT-EPPKA2-CBY-ACPALA, <i>Live on the island</i>, applicant Associazione Ottovolante Sulcis, Italy ● ERASMUS +KA1:2019-1-TR01-KA105-073564 applicant Rhythm for Peace, Turkey ● ERASMUS + KA1:2019-2020 Higher Education -NLROTTERD03 2019/20 as receiving Organization of students from the University of Rotterdam for a traineeship in TELEMEDICINE. Netherlands ● ERASMUS + KA1: 2019-2020 Higher Education - NLUTRECHT24 2019/20 as receiving Organization of students from the University of UTRECHT for a traineeship in TELEMEDICINE. Netherlands ● ERASMUS +KA 1: No 1-FR01-KA102-047463 with the Ecole Régionale de la deuxième chance de Toulouse. France ● ERASMUS+KA1: 2020-2-IT03-KA105-019553 <i>In mezzo al mare</i>, applicant Associazione Ottovolante Sulcis, Italy ● ERASMUS+ 2021-1-IT02-KA210-ADU-000029645, R.E.D with p63 Syndrome E.E.C International Net Work Word Communication Onlus, Italy ● ERASMUS +KA2: 2021-1-TR01-KA220-SCH-000031609, COMPUSEL with CANAKKALE ONSEKIZ MART UNIVERSITESI, Turkey ● ERASMUS +KA2: 2021-2-NL01-KA220-HED-000048983, Higher Education, HOPE -Responding to Heatwaves in the Older People Ecosystem, GEMEENTE ROTTERDAM Netherlands ● ERASMUS +KA2: 2022 KA220-ADU-BAB9FAD1, ALIVE A learning community in the metaverse for media and information literacy of adults GTN - Global Training Network GmbH, Austria ● ERASMUS +KA2: 2023 KA220-VET - 17516184, SMARTOUR, Cooperation partnerships in VET, Smart Tourism, Niuernermik Ilinniarfik, Greenland ● ERASMUS + KA1: 2022-2023 Higher Education -NLROTTERD03 2022/23 as receiving Organization of students from the University of Rotterdam for an internship in Social Emotional Learning in Syros. ● ERASMUS + KA1: 2022-1-FR01-KA121-VET-000066667, Association regionale de Martinique des Centres d'entrainement aux methodes d'education active. ● EUROPEAN SOLIDARITY CORPS, 2020-1-EL02-ESC522018-005925, Quality Label as hosting and Sending Organization for European Solidarity Corps ● EUROPEAN SOLIDARITY CORPS 2020-ESC31-03F52913 Paths of Syros, Applicant Social Cooperative Enterprise of Cyclades ● EUROPEAN SOLIDARITY CORPS-2023-1-EL02-ESC30-SOL-00014 3815 «Awareness of primary and secondary prevention of cervical cancer» ● Participation at the European Seminar « Echanges Culturels de Jeunes par le Théâtre, Quels enjeux et quel avenir dans un monde en crise ? » May 2016 CREARC-Grenoble. ● Participation at the European Seminar « Theatre, the Youth and Europe facing the consequences of the covid-19 pandemic » Grenoble July, 2021 ● Participation at the European Seminar « Youth and self-image in the digital age» Grenoble September, 2023 https://e-learning.alteravita.eu/course/view.php?id=173&lang=en
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D. BACKGROUND AND EXPERIENCE

Please briefly present the partner organisation.	<p>KOINSEP CYCLADES-ALTERA VITA is a Register Social Cooperative Enterprise of Collective and Social Benefit (Koin.S.Ep.) based in Syros since 2015 and action area in the prefecture of Cyclades. In Koin.S.Ep. Cyclades - ALTERA VITA, we participate</p>
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	<p>as active citizens, who are active in the social affairs of the Cyclades through collective actions through local networks that have been developed. Our specific objectives for carrying out them are the following activities: providing specialized services through culture, environment, education, utility services, health services, prevention and health promotion, the use of local products, the preservation of traditional activities and professions, tourism and extroversion, seeking purposes that promote the local and collective interest, promote employment, with the empowerment of social cohesion and the strengthening of local or regional sustainable development.</p>
<p>What are the activities and experiences of the organisation in the areas relevant to this application?</p>	<p><i>Alterta Vita- Distance Learning Seminars</i></p> <p>ALTERA VITA is a scientific research Centre based in Syros-Cyclades in Greece and implements education and awareness programs, in the areas of Environment, Culture and Social Intervention, at the community level.</p> <p>Experts with special knowledge, experience and training in their subject offer the opportunity for trainees to follow a flexible program to increase social and professional changes in areas such as the Social Economy, Health Promotion, Organic Farming, Environment and Sustainable Development, the Arts and Culture, Pedagogy, Psychology, new technologies.</p>

ALTERA VITA organizes domestic and transnational training courses on a wide range of topics. It has vast experience in the management and coordination of European projects. It supports youth and mobility activities in a wide range of sectors related to education & training.

We organize training courses onsite, online or through blended methods.

Our distance learning system is based on the use of our e-Learning **MOODLE platform**. <https://e-learning.alteravita.eu/>

We participate in a lot of ERASMUS + projects and we have the coordination of the development of E-Courses for these projects. ALTERA VITA jointly with Regional and Local Authorities, universities, schools, and stakeholders involved for ongoing work in ERASMUS + projects have designed educational tools for Social Emotional Learning establishing an informal network for Social Emotional Learning, the ENSEL NETWORK. <https://en-sel.eu/>

ALTERA VITA is also an active member of the [European Network of Youth Theatre](#) The Young European Theatre network was born out of the European Young Theatre Meetings which have been taking place in Grenoble since 1989. It was formalized during the seminar which was held in May 2004 in Grenoble and which brought together participants from 18 European countries and non-Europeans.

Altera Vita participates in the **European Network of Social Authorities**. **ENSA** is a network of cities and European Regions that has the aim of promoting international cooperation in the social field. <https://ensa-network.eu/>

The ENSA Network counts 73 members from 16 different countries, a network of cities and European Regions that has the aim of promoting international cooperation in the social field.

The present coordination of the thematic ENSA working group- **Wellbeing and Social Emotional Learning** - is led by the Social Cooperative of Cyclades-ALTERA VITA-Greece, represented by Miltos Sakellariou, Family Therapist, Prevention Counselor in Addiction, Chairman of the Board and founding member of ALTERA VITA. https://www.ensa-network.eu/ENSEL_WELLBEING

ERASMUS+

In recent years we participate in ERASMUS + KA2 and we have coordinated for the development of E-Courses of these projects.

- **Creation of e-courses through our MOODLE platform entitled "WHY Course A- Reflections" and "WHY Course B Democratic Dialogue"** within the European program ERASMUS + KA2 - WHY 2017-1-SE01-KA201-034597 for Psychologists, Social Workers, Primary and Secondary Education Teachers. 2017-2019
- **Creation of an online course through our MOODLE platform Entitled: "Digital Storytelling"** in the framework of the European program ERASMUS + KA2 KA2 – YLYS 2017-1-PL01-KA204-038666 –YLYS for Teachers.
- For the last 3 years we participated in an **ERASMUS + KA2:2019 KA201-CBFBC04- REFLECT** project with the applicant the TOPUNT GENT- Belgium and the University of GRANADA from Spain, the University of EVORA from Portugal, Social Cooperatives from England, Sweden and Greece (Alteravita). The aim of the project is to raise awareness and stimulate Executive Functioning and social-emotional Learning by integrating Evidence-based strategies in the classroom to **empower** pupils, Teachers, and parents.

- <https://e-learning.alteravita.eu/course/view.php?id=9>
- **KA220-SCH-E2F6F850 COMPUSEL** project for the next 3 years, with the applicant **CANAKKALE ONSEKIZ MART UNIVERSITESI and four other Universities from Europe** (Izmir Demokrasi Universitesi, Turkey, UNIWERSYTET LODZKI Poland, UNIVERSITATEA DIN BUCURESTI Romania, UNIVERSIDADE DE EVORA Portugal) and ALTERA VITA, aims to improve the SEL Skills of primary students and training primary school teachers for this purpose. We will develop a curriculum and digital stories including examples of different social and emotional challenges that we will discuss and seek solutions for together with primary school teachers to foster self-awareness, self-management, social awareness, relationship, or responsible decision-making. <https://compuseleu.com/#>
- **We participate also in DIGIT-ALL Erasmus+ 2020-KA204-2220CB02, Digital skills for adults**, a project that aims to improve and extend the supply of high-quality learning opportunities tailored to the needs of individual low-skilled or low-qualified adults by making available flexible learning offers adapted to their learning needs (e.g. blended learning, digital learning applications), and by the validation of skills acquired through informal and non-formal learning. Furthermore, the project will help adult learners to develop their digital competencies and, at the same time, certify them under a European framework.
- <https://e-learning.alteravita.eu/course/index.php?categoryid=9>
- **ERASMUS +KA2: 2020- KA204-A29E0F47- The Living Art - The Art of Living**" applicant CKU BIALYSTOK, from POLAND. "The Living Art – The Art of Living" project is two years Erasmus+ Strategic Partnerships for adult education project between 5 organizations from Greece, Italy, Poland, The UK, and Turkey. It is addressed to disadvantaged adult learners – people facing educational difficulties, social obstacles, cultural differences, and economic obstacles, and teachers/tutors. The main topic of the project is the meaning of art and its impact on human life. Discovering the beauty and art in life allows people to fully discover the value and purpose of life.
- <https://livingarterasmus.wixsite.com/livingart>
- **ERASMUS +KA2: 2021-KA227-1943795C, Dancefulness** for creativity and leadership, applicant Orbis Institute, Slovakia The project will create new resources and methodologies that any dancing or music group can use for its own activities. **Dancefulness** methodology will work those three key aspects: **emotions, cognition, and social skills** in order to foster both creativity and leadership (Kenneth Leithwood, 2009; Howell, 2000). Working with **resilience, empathy, synergies, and assertiveness** will be the foundation **to develop creativity and leadership skills**.
- <https://e-learning.alteravita.eu/course/index.php?categoryid=14>
- <https://dancefulness.eu/>
- **ERASMUS + KA2: 2020 619480-EPP-1-2020-1-IT-EPPKA2-CBY-ACPALA, Live on the island, applicant Associazione Ottovolante Sulcis, Italy.** 8 organizations from 8 different islands from all over the world in an ERASMUS + for the development of awareness of the environment. islands are particularly affected by environmental degradation and climate change, due to a more fragile ecosystem and geographical barriers that often lead to conditions of particular socio-economic vulnerability. For the island communities, therefore, "sustainability" and "resilience" are essential

characteristics to combat the degradation of their territory and consequently depopulation, youth emigration, and the transformation of the territories into "tourism colonies" with important social consequences and environmental.

In these contexts, we, therefore, consider the promotion of an environmental education that is configured as a continuous process of learning ways of living with a rapidly evolving nature due to climatic and economic factors to be particularly important.

- <https://e-learning.alteravita.eu/course/index.php?categoryid=24>
- <https://e-learning.liveontheisland.eu/>

- **ERASMUS+KA1: 2020-2-IT03-KA105-019553 In mezzo al mare**, applicant Associazione Ottovolante Sulcis, Italy. 7 days, 30 young people from 5 European islands/archipelagos met on the island of Sant'Antioco, which in its various scenarios and as an island linked to problems related to anthropization, was the place to carry out observations, gather information, register of harmful operations and good practices. The proposed basic elements concern the contexts of the islands from an environmental and socio-economic point of view. The activities met theoretical information, share ideas and possible solutions, test actions for the protection of the environment with the aim of stimulating the use of good practices in the active participation of young people, in the management of the environment and related social issues.

- <https://e-learning.alteravita.eu/course/index.php?categoryid=28>

- **ERASMUS + KA1 Higher Education –NLROTTERD03 2019/20 and NLUTRECHT24** as receiving Organization of students of the University of Rotterdam and University of UTRECHT, for a traineeship in TELEMEDICINE.

- Rotterdam University of Applied Sciences and the University of Utrecht with the cooperation of the Social Cooperative of Cyclades as receiving Organisation we organise a Minor Project for Telemedicine in Greece. The traineeship is aimed at investigating and finding ways to improve the telemedicine system in Greece. To do so we will apply the method of Design thinking. This method has a lot of tools to help find a solution to a complicated problem. The activities consist of visiting healthcare organisations in Greece, interviewing people that are involved with telemedicine, applying tools to better understand the problem, finding ideas and experimenting with solutions.

- From the Rotterdam University of Applied Sciences and the University of UTRECHT with the Minors beyond Borders 2019-2020 program, 4 students worked in Syros and Creta for TELEMEDICINE in Greece, with the supervision of Social Cooperative of the Cyclades- Altera Vita.

- <https://e-learning.alteravita.eu/course/view.php?id=13>

- **ERASMUS + KA1 Higher Education 2022-2023 NLUTRECHT24** as receiving Organization of 4 students of the University of Rotterdam and University of HAGUE, for a traineeship in SOCIAL EMOTIONAL LEARNING.
- Rotterdam University of Applied Sciences with the cooperation of the Social Cooperative of Cyclades as receiving Organisation we organize a Minor Project for Social Emotional Learning-SEL, in Europe.
- The internship is aimed at investigating and finding ways to improve Social Emotional Learning-SEL, in Europe.
- For this internship, four students from the University of Rotterdam with the supervision of Prof. L. F. J. Martijn (Rens), and Prof. Koning, M.A. (Mirjam), coordinators of the minor Beyond Borders (Minor+ Beyond Borders - Hogeschool Rotterdam), collaborating with Miltos Sakellariou, MSc Counseling Psychology, President of the Social Cooperative of Cyclades-ALTERA VITA, cooperate for the formation of the EN-SEL- European Network for Social Emotional Learning.
- To do so, we apply the method of Design thinking. This method has a lot of tools to help us find a solution to a complicated problem and to create a prototype. This prototype was presented at the ENSA annual Assembly on the 15th of November in Venice.

<https://en-sel.eu/>

<https://en-sel.eu/course/view.php?id=14>

- **AGRICULTURE UNIVERSITY OF ATHENS**-Department for the utilization of natural resources & agricultural engineering. In the framework of a graduate study, a student of the Department of Natural Resources Use & Agricultural Engineering of the Agricultural University of Athens (GPA) will realize on a : 'Study of the use of a reverse osmosis system powered by photovoltaics for irrigation of crops, is carrying out, as a case of land study in Mega Gialos in Syros, which belongs to Social Cooperative of Cyclades — Altera Vita.

EUROPEAN NETWORKS

ENSA-European Network of Social Authorities

Altera Vita participates in the European Network of Social Authorities. ENSA is a network of cities and European Regions that has the aim of promoting international cooperation in the social field.

- The Veneto Region established ENSA in 1999. Since then, the network has developed and supported solid partnerships between a wide range of European Regions and has carried out seminars, conferences, study visit programmes and exchanges of operators.
- The cooperation between partners has brought about the opportunity to carry out several projects financed by the European Commission Collaborating with ENSA is a way to increase the dialogue with the European institutions and to become part of an international platform to implement shared projects.

<http://www.ensa-network.eu>

- The present coordination of the thematic ENSA working group- Wellbeing and Social Emotional Learning - is led by the Social Cooperative of Cyclades, Greece, represented by Miltos Sakellariou, Family Therapist, Prevention Counselor in Addiction, Chairman of the Board and founding member of the Social Cooperative of Cyclades–ALTERA VITA.

<https://www.ensa-network.eu/results/well-being-and-social-emotional-learning/>

Council of Europe - Conference of INGOs

Committee on Environmental and Health Crisis

Altera vita and President Mr Miltos Sakellariou as an expert, participates in the Committee on Environmental and sanitary Crisis- Council of Europe for a three-year programme.

Goals of the Committee: (point 3 of the proposal adopted by the Conference of INGOs on 05/27 /21)

The cause and the dazzling worldwide spread of SARS-Cov-2 have increased States' awareness on the fragile complexity of ecosystems that shape the world, both its human settlements and all life forms. There is a need, more than ever, for a holistic approach and the urgency for research focused on integral ecology, both environmental and human.

In, this framework, the committee's objective is to assist in identifying the components for an efficient and humane "recovery" (Build back better) but also in building a better future for the next generations (Building forward better), based on a real practice of democracy, at all levels of governance, through ethical, collaborative, and participatory approach in the following areas:

Environment and health, solidarity, and resilience in the face of risks, good governance of metropolises and their hinterland to preserve and promote stability, peace and fraternity.

Objective 1: Environmental and health crisis: ecosystem approach

Objective 2: Solidarity and social inclusion in the wake of the crisis

Objective 3: Governance tools and factors of resilience facing the risks: urban/ metropolitan and regional challenges

Miltos SAKELLARIOU is providing expertise for a three-year time (2021-2023) to the 3 abovementioned working groups, to group n° 2 "solidarity and Social inclusion in the Wake of the Crisis". He will also do it on behalf of the ENSA (European Network of

Social Authorities) Network, therefore he will be invited to contribute to all events, projects, and initiatives.

- <https://www.coe.int/en/web/ingo/environmental-and-health-crisis-governance-and-solidarity-issues>
- <https://environmental-health-crisis.weebly.com/activity-june-21.html>

EUROPEAN NETWORK FOR SOCIAL EMOTIONAL LEARNING and Wellbeing-(ENSEL)

ENSEL (European Network for Social Emotional Learning and Wellbeing) aims to implement life skills in a holistic way, helping young people exercise their fundamental rights in the home, school, class and community.

ENSEL NETWORK strives to provide school staff with the skills, knowledge and confidence that can help them establish an effective student Peer Support scheme in their schools and develop their students' social and emotional skills.

The main objectives of the EUROPEAN NETWORK FOR SOCIAL EMOTIONAL LEARNING (ENSEL) are:

1. To coordinate actions and initiatives at the European level and develop partnerships across Europe
2. To campaign and advocate for a common European strategy for life skills, especially for Social and emotional competencies in Europe and to monitor and influence policies at the national and European levels for schools, Universities, Communities, and Organisations.
3. To produce and promote the exchange of good practices, enforce capacity building and provide tools and training to professionals working in the field.
4. To raise awareness among the general public and empower children and young people as well as parents and teachers and stakeholders professionals on how to achieve implement Life Skills in a Holistic approach in their communities.

<https://en-sel.eu/>

Altera Vita CULTURE

The main activity of ALTERA VITA is to contribute to the study and promotion of the history and culture and the protection of the environment of Syros and the surrounding islands of the Cyclades, through collective processes.

ALTERA VITA includes a theatre workshop with the participation of 25 adults and teenagers. For more than 15 years, the theatre group, through drama therapy and group processing techniques, created scenarios, which were presented at the Young European Theatre Network in Grenoble-France.

The Young European Theatre Network was born from the Young European Theatre Rencontres which has been taking place in Grenoble since 1989. It has been made official during the seminar which was held in Grenoble, in May 2004, and which gathered participants from 18 European and non-European countries.

It is made up of professional directors who have chosen to work with young people, whether on professional theatrical training with young professionals. It gathers dozens of structures: companies, theatre schools, and theatrical academies, festivals, divided up in all of Europe and beyond.

It is a space where artists, groups, companies, and young people, share their practices, experiences, and their theatre vision. This one encourages practices and abilities exchanges, between artists and theatre teachers.

It is a plural artistic movement and an international theatre laboratory. Its members organize cultural and artistic exchanges: co-productions, bilateral training courses, show productions, professional theatrical training, and festivals.

The Young European Theatre promotes intercultural apprenticeship, diversity respect, Human Rights, and solidarity values. It cooperates with the construction of a pacified, democratic, tolerant, jointly liable Europe, open to the World and contributing to Peace.

<http://www.crearc.fr/>

<https://e-learning.alteravita.eu/course/view.php?id=173>

Altera Vita- MUSIC-Cooperation with the Traditional Music School EN HORDAIS AND ORGANOIS

Altera Vita cooperates with the traditional Music School EN XORDAIS AND ORGANOIS in European Projects, ERASMUS K1 and K2.

The ultimate vision of EN ΧΟΡΔΑΙΣ & ΟΡΓΑΝΟΙΣ is the gradual development of the school into a musical culture hub: the creation of an exemplary infrastructure (cutting-edge acoustic technologies, state-of-the-art classrooms, auditoriums, the opportunity to host young musicians as interns from Greece and internationally), which will serve as a reference point and will highlight the folk and traditional music of our country. In this way, an international spotlight of cultural attraction can be created in Syros, linking scholars to music universities and to the wider music community.

<https://enhordais.gr/en/about-us/>

Altera Vita -YOUTH PROGRAMMES

Altera Vita also implements youth programs related to the environment and health promotion.

Through the program, **European Solidarity Corps - Solidarity Projects**, Form Id ESC31-03F52913, "The paths of Syros", For the promotion of the project a website has been created with the presentation of the paths of Syros, for the exchange of good practices, reports, bibliography, There are online courses for teachers and parents and students (distance education/e-courses).

The online course will be published on our Moodle digital platform within the framework of its respective actions locally.

The participation of ALTERA VITA in the program Live on the island, 619480-EPP-1-2020-1-IT-EPPKA2-CBY-ACPALA, will strengthen our program, through the cooperation and corresponding actions with 8 islands from Europe, Africa, New Guinea, the Indian Ocean and Martinique!

<https://e-learning.liveontheisland.eu/>

The project has the approval and inclusion in the European Solidarity Corps program under the auspices of INEDIVIM.

<https://e-learning.alteravita.eu/course/view.php?id=10>

<https://syrostrails.alteravita.eu>

As part of other environmental programs, there is an educational package and an e-book, such as a toolkit with corresponding actions.

<https://alteravita-cyclades.gr/perivallontika-programmata/>

Altera Vita- SPORTS

Traditional Sailing School

One of the objectives of **Altera Vita** is the continuous activation in the rescue of all kinds of traditional arts and professions by educating the public and its members, especially the traditional Boatbuilding.

Cyclades Sailing School since 2016, is starting traditional sailing courses in Syros with our Sailing Boat KIVOTOS, for the first time in Greece. The aim of the school is to learn Traditional Sailing, promote our cultural heritage, save our traditional ships and survival the professions related to their construction, especially in Syros, with the huge shipbuilding tradition.

A precondition for our own effort is to get in touch with the traditional sailing sport, acquiring theoretical and practical knowledge and skills of most, hoping to continue in our country the love for the traditional boat. The innovation of our Sailing school is the **distance learning** of the theoretical course.

PRACTICE

After certification of knowledge and written examinations, practising with sailing boats and traditional boats for a week in Syros. The distance learning system is based on the use of the e-Learning **Moodle** platform.

<https://e-learning.alteravita.eu/course/view.php?id=5>

Altera Vita - SUMMER SCHOOL

The alternate summer school ALTERA SCUOLA for children, is running few years with great success and is now in our own place.

Children aged 5-14 years can "escape" from life in the city by participating in a special experience at the "Agios Georgios-FRER" private school in Ermoupolis.

A rich summer educational program, including visual arts, musical and theatrical workshops, photography and cinema, environmental awareness, and emotional education groups. The Summer Educational Program aims to integrate children into a creative process, to free up imagination and creativity, to acquire knowledge, to enhance skills, to stimulate sociality and communication, to cultivate a team spirit through entertainment, and various expressive and artistic inventions. Through this comprehensive program of activities, the ALTERA VITA ALTERA SCUOLA summer school aims to function as a tool for the social and cultural development of our society. In each thematic section, ALTERA VITA ALTERA SCUOLA asks to stimulate the interest of participating children through experiential education groups, so that they begin to seek and learn how to approach Psychic and Physical Health, Culture, Sports, with responsibility, love and enthusiasm.

<https://alteravita-cyclades.weebly.com/altera-scuola.html>

Altera Vita - EMPLOYMENT

Altera Vita includes the preparation and support of vulnerable adults and minors for their social reintegration and promotion in the labour market.

In this direction, **the organization provides psychosocial and professional counselling support** to people in this social group.

In general, **Altera Vita** aims:

(a) The establishment and development of structures for the protection of vulnerable adults and minors in cooperation with bodies and organizations.

(b) to raise awareness among employers and society of issues concerning vulnerable groups and especially people with special needs.

(c) research - study and proposals to tackle social exclusion.

(d) encouraging - strengthening and exploiting private initiative and volunteering ALTERA VITA with KEFIAP Syros (a General Department of the Hospital of Syros), after an Agreement, serving people with disabilities, which are predominantly included in the following diagnostic categories:

neurological difficulties, cerebral palsy, mental retardation, diffuse disturbances development and similar gravity cases.

KEFIAP operates as a Day Centre, providing evaluation, support, treatment and monitoring of outpatients and patients to their families. At the same time, it organizes parallel actions that enhance healing and rehabilitation, which include laboratories for Disabled people and support groups and counselling of parents/guardians, and their careers.

PARALLEL ACTIONS–ALTERA VITA

a) Parents/guardians / carers groups disabled people.

b) Entertainment, socialization workshops and training of those benefiting from the KEFIAP.

C) Counselling for employment with Disabled people.

<https://youtu.be/Pb7O73GQB2o>

Altera Vita - AGRICULTURE

ALTERA VITA aims at agricultural production through the co-operative orientation of aromatic and medicinal plants of our country, packaging, processing of local and traditional products and dishes, self-produced products with the promotion of cottage industry, enabling young or old farmers to discover an added value in their income. The exploitation of privately owned agricultural land of members of the Cooperative has already begun, and the planting of aromatic plants such as sage, thyme, rosemary, and oregano, for the production, processing and promotion of local products of Syros.

Altera Vita-Virtual Study Visit

It is a great Honour for us, and we will try to share with you our experience, to start a dialogue and of course, to be part of this process of the **European network, Europe Goes Local**. <https://www.europegoesslocal.eu/>

We want to thank our Hellenic National Agency for Erasmus+ and European Solidarity Corps Resource Centre and Youth and Lifelong Learning Foundation, for the proposition to realise this virtual study visit and gave us the power to work for this visit during our holidays!

<https://e-learning.alteravita.eu/course/view.php?id=42>

What are the skills and expertise of key staff/persons involved in this application?

The leaders of our organization have earned each other's trust over the years in various events, projects and other activities during a lot of years of experience in working with Youth, motivation, management, administration, project work, the realization of different ideas and events and etc.

Our members represented Greece in various international events. Each of them has a different user experience which, we are sure, is contributing to our success and good results, of course, can be useful in your project as well. We have an active network of persons in our region and especially in the Cyclades. They are always ready to share their experience and good practices in every project and help to involve young people in workshops, discussions and all project programs.

Team leader / President/founder

Miltos Sakellariou, the President of the KOINSEP CYCLADES, studied Biology in Greece at the University of Patras and made research at the Institute of Ethology "La Montagne des Singes" in France. He has completed postgraduate studies in Counseling Psychology at Middlesex University, specializing in Addictions and Family Therapy. He has specialized in Special Education and School Psychology at the Universities of Ioannina and Macedonia-Thessaloniki IN Greece.

He has specialized in Systemic - Dialectic Psychosocial Approach and Team Process Work, as well as in the animation of young people from **AKMA**. He has worked at the Athens School of Medicine, Laboratory of Experimental Pharmacology. The object was the study of the operation of the Central Nervous System (CNS) in terms of Behavior and Biochemistry, the pharmacodynamics of drug groups used in psychiatry, and drugs leading to drug abuse. He has been working in hospitals, schools, in Greece, in Africa on a voluntary basis with Médecins Sans Frontières. Participation in mission with Médecins sans Frontières in northern Uganda.

He had worked as Prevention Counselor in Addictions, with advisory groups of parents, teachers and teenagers at the "Cyclades Prevention Center of Drugs abuses-OKANA" Public Entity-Ministry of Health. In 2002, he created and undertook the training and coordination of the mixed (parents-teen-educators) theatrical group of FEREKIDIS till now. The theatrical group with drama therapy and teamwork techniques wrote scenarios that were presented to the Apollo Theater of Syros and were also presented at the International Youth Theater Festival in Grenoble, France. For 6 years was the Director of the **Youth Counseling Station of the Cyclades** Prefecture, Greek Ministry of Education and Religious Affairs. During the same period was the Anti-bullying Coordinator, at the Regional Directorate of Education of the South Aegean, for the Observatory of the Greek Ministry of Education on Violence In School.

He has been appointed member and General Secretary of the Board since 2015, of the Society for the Protection of Child Abuse and Neglect/Juvenile Delinquency of the Court of Appeal Aegean District, (**EPA Syros-Public Entity**), providing services as a Social Service, for the prevention and treatment of juvenile delinquency and supervised by the Greek Ministry of Justice. He participates in the Multidisciplinary Team, as Prevention Counselor in Addictions, of the EPA Syros, consisting of a psychiatrist/child psychiatrist, health visitor, psychologists, social workers, and a Representative of the School Community to provide effective psychosocial support to minors and their families' environment.

<https://epasyros.wixsite.com/epasyros>

He is Chairman of the Board and founding member of the Social Cooperative Enterprise of Cyclades –**ALTERA VITA**. He has the responsibility, for the application, management, and coordination of the EU ALTERA VITA'S projects.

He is a certified expert in the EU (EX2017D310072) and participates in the Committee on Environmental and sanitary Crisis-Council of Europe for a three-year programme.

[Project managers/ youth workers/ facilitators/volunteers](#)

Yannis Daskos: Founding Member and General Secretary of **ALTERA VITA**, Teacher of Mathematics, and Physics.

He deals with young people and youth policies as well as having expertise in administrative and legal matters. The agricultural manager grows our plant cultivations of Aromatic plants in our fields. Arrange the insurance required for the mobility travel (tickets, health, and accident).

Lena Karagianni: Educator, teacher of Chemist, a youth worker for years. E-learning coordinator with expertise in creating e-courses. She always keens on youth work and youth policy, deals with the Social Cooperative of Cyclades since its founding, and deals with the management of the Executive Council, the bureaucratic and administrative part of the Association.

Angeliki Sakellariou: The last years engaged in youth work in youth participation and human rights education. She has participated in many international activities under the Erasmus + programs as a trainee and an active member of the theatrical team of ALTERA VITA. She works as Facilitator with YE mobility projects, speaks fluent English and has significant social skills. She has studied Occupation Therapy at the University of West Attica in Athens and she is certificated (2019-2020) in Special Education, from the Scientific Association for the Promotion of Educational Innovation (E.E.P.E.K.) in collaboration with the University of Thessaly. She has been involved as a trainee in a Special Education School in Athens "EEEEK KALLITHEAS". She has successfully attended seminars on "Psychological First Aid Training" and "First Help Training & Surviving ". She is volunteering for STEPS- Assosiation since May 2020 as a street- worker. Also, she is participating as a volunteer in ART-TOGETHER (former Very Special Arts Hellas) in the "physical improvisation" group which includes dancers with and/or without disabilities. It's the only group of "sumperilipsis" that concludes not only people with or without physical disabilities but also people with mental problems. Finally, she has been attending dance lessons for 14 years and is planning after her university studies to work as a dance-therapist

Miranda Daskou: Biologist, youth worker having experience in mobility, with previous contacts with organizations abroad, and having knowledge of institutions and occupational groups in the area, as well as the means to contact them. She gained experience in Youth Work through numerous local and international projects of non-formal education; she has participated in numerous activities abroad under Erasmus + programs. She speaks fluent English and French. Welcome the participants in the host country and provide personal support to the participant in crisis situations.

Pavlos Aimoniotis: Electrical and Computer Engineering University of Thessaly. Actually, he continues his Postgraduate studies for preparing a PhD at Upsala University. He has participated in research projects, through research laboratories and open-source tools. He actively participates in scientific conferences and has presented research papers at pan-Hellenic conferences of the IEEE Institute of

Electrical and Electronics Engineers. For the past two years, he has been working on software technologies for computer systems. He is an experienced software engineer (C, C++ etc.), and Web Developer and Designer (HTML/CSS, WordPress, Adobe Photoshop etc.) and has taken part in multiple website projects. He has been involved in learning platforms and technologies, through his specialization in "Technologies Education" that he had received in his studies and had the opportunity to deepen by developing research work on the functionality and effectiveness of such platforms. Electronic learning coordinator with experience in creating e-learning and programming websites in organizations. He has participated in the Erasmus + Youth Exchange programs and has been a volunteer at local festivals for multiple years. E-learning coordinator with expertise in creating e-courses and website development. Webmaster and Technical administrator of the E-learning MOODLE platform and Server Administrator of our organization. Actually, he develops with our team, the SOCRATES VIRTUAL project, an innovation, for Computer and Mobile Learning, Serious Games and Virtual Reality for Educational purposes, such as Virtual Classes, Virtual training for disabled people, and skills for employees of enterprises and Public Entities.

Antonia Sakellariou: Electrical and Computer Engineering University of Thessaly. She has a master's degree studies in Bioinformatics at UPSALA University. Teacher of the E-learning MOODLE platform of our organization, Web Developer and Designer (HTML/CSS, WordPress, Adobe Photoshop etc.) and has taken part in multiple website projects. Project manager of the SOCRATES VIRTUAL project of our organization, an innovation, for Computer and Mobile Learning, Serious Games and Virtual Reality for Educational purposes, such as Virtual Classes, Virtual training for disabled people, skills for employees of enterprises and Public Entities. She actively participates in scientific conferences and has presented research publications. She has participated in the Erasmus + Youth Exchange programs. Active sailing athlete in N.O. Syros for over a decade with much participation in Panhellenic, Regional and Intercollegiate Championships. She has the responsibility of our Traditional Sailing School.

Theofilos Zervos: He was born in Syros, and he has studies in Music at the **University of Macedonia, Department of Music Science & Art and at "the ENXORDAIS AND ORGANOIS - Great School of Markos"** having Diploma in Folk & Byzantine music (Major in Bouzouki, Minor in Folk Guitar – under the supervision of the Bouzouki great soloist, Mr. Aristos Vamvakousis). He studied percussions and was for more than 8 year an active member of the Philharmonic orchestra of Syros. Started playing instruments like guitar, Bouzouki, Clarinet, at young age and has cooperated with some big names in the Greek Music Scene such as Stavros Xarxakos, Giorgos Dalaras, Aristos Vamvakousis, Gerasimos Andreatos, Kostas Doumouliakas, Vassilis Korakakis, Evelina Aggelou, Leonidas Lainakis, Giorgos Xintaris, Stavroula Manolopoulou and with rising talents such as Paris Xyntarianos and Spyros Chiotis and with foreign musicians such as David Yengibarbarian. He has participated in plenty of festivals like the Syros Rebetiko Festival, and Skopelos Rebetiko Festival. Also participated in concerts which took place at Stavros Niarxos Institution, Apollon Theater (Syros) and various other places in Europe (London, Marseilles, Turkey).

Anthi Androvitsanea: Psychologist - EKPA Athens, postgraduate studies in health promotion and education, Medical school of Athens. Erasmus studies at the University of Aix-Marseille in Marseille, and internship with Erasmus at the Cyprus Institute of Psychotherapy. Participation in other Erasmus + programs as well volunteer at the LG Aegean Ball Festival in Syros. She can bring to the program her knowledge of the importance of outdoor activities in health promotion.

Margarita - Anna Papakyprianou: Biologist, continues with postgraduate studies in stem cells and regenerative medicine. Erasmus studies at Szczecin West Pomeranian University. It is a certified first aid and lifeguard. Since 2019 he has been working with the Erasmus Student Network AUTH. Athlete for 8 years in a Water Polo team.

Maria Vakondiou: Lawyer, Erasmus studies at the University of Maastricht. He has participated in 2 Erasmus + in Italy and Serbia. She does a master's degree in Tourism and Local Development at AUTH. Has been a volunteer at the LG Aegean Ball Festival and at a children's camp. Can contribute to the program with knowledge of the history and culture of Syros.

Eleftheria Pouftsi: She is studying occupational therapy at the University of West Attica, and recently participated as a trainee in the department of pediatric psychiatry at the General Hospital of Athens "Gennimata". It has worked volunteered at the Archelon - Sea Turtle Protection Society of Greece and has been trained to maintain its wildlife in Zakynthos. She has participated in the E-twinning program "Knowing me, I know you" and in one twinning program with an intercultural high school in Sapes, Rodopi. She's got attended drawing and painting classes Interested in physical protection, social challenges, refugee integration, empathy, and interaction with minorities through culture and art.

Daskou Mikaela: Pedagogical student of Primary education of Volos. He has been playing volleyball for 8 years often sports in nature. An active member of the theatrical group. She was a volunteer in a children's activities camp in Syros.

Mikaela Kapela: Student of Primary Education of Volos. It deals with the design, it's environmental awareness and often sports in nature. She was a volunteer in activities children's camp in Syros.

Glezos Giannis: Computer student in Athens. He is engaged in painting, swimming, and outdoor jogging.

Natalia Xenaki: She is studying nutrition and dietetics at the University of Peloponnese. Interested in exercise and well-being and in the program can impart her knowledge about a healthy lifestyle.

Dimitra Sakellariou: Computer Science student at the University of Piraeus in Athens. E-learning coordinator with expertise in creating e-courses and website development. Webmaster and Technical administrator of the E-learning MOODLE platform and Server Administrator of our organization Web Developer and Designer (HTML/CSS, WordPress, Adobe Photoshop etc.) and have taken part in multiple website projects. She participates in our Erasmus + projects and especially as coordinator to the Youth exchanges ERASMUS +K1 projects of ALTERA VITA. Active sailing athlete in N.O. Syros for over a decade with much participation in Panhellenic, Regional and Intercollegiate Championships.

To ERASMUS + programmes are involved also other members of ALTERA VITA, Social Workers, Psychologists, teachers, ICT specialists, and youth workers. We have the Quality Label from European Solidarity Corps as a Hosting and Sending Organization.

We involve in our activities, our volunteers.

E. LEGAL REPRESENTATIVE-CONTACT PERSON	
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